

Rudolf Steiner School - takeaway lunch order form

The Autumn Term 2017 tues 5 sept to friday 15 dec..1st half 6 wks 4days .2nd half 6wks 4 days

Total 68 days (no lunch last day of term,)

Class:	
Name:	
Telephone no:	

Tick boxes

Monday

Spaghetti bolognese freshly made with meat and loads of veg	
Macaroni cheese and vegetables	
OR Baked potato with tuna	
OR Baked potato + butter +cheese	
OR Baked potato + baked beans	

Tuesday

Home made fish cakes ORchicken nuggets (with potato wedges and veg)Tick one	
Home made Slow Pizza	
OR Baked potato with tuna	
OR Baked potato, butter + cheese	
OR Baked potato + baked beans	

Wednesday

Reuben,s Deli Wraps/ Halloumi OR Chicken, OR Falafel (+ salad)please tick one	
Pannini with tuna/cheese OR mozzarella/pesto (please tick one)	
Baked potato with tuna	
OR Baked potato butter and cheese	
OR Baked potato and baked beans	

Thursday

Meatballs ORVegeburgers with sauce (with mashed potato) Please tick one	
OR Baked potato with tuna	
OR Baked potato butter and cheese	
OR Baked potato + baked beans	
Margareta Pizza with fruit/salad	

Friday

Sushi with Tuna with potato wedges	
Sushi /avocado with potato wedges	
Pannini with tuna/cheese OR mozz/pesto (tick one)	
Baked potato with tuna	
Baked potato with cheese	
OR Baked potato + baked beans	

Fresh or dried fruit,and/or flapjack, comes with all main courses.

Soup and roll can be ordered any day.

Price = £3.25 a day x number of days in the 68 day term	£
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Please let me know if you have any special dietary needs, eg nut/dairy/gluten free

PLEASE LET US KNOW OF SCHOOL TRIPS + DEDUCT £3.25

ACCORDINGLY. FOR ONE DAY TRIPS WE WILL OFFER A PACKED LUNCH.

Please phone or text me by 9 am if your child is off ill so I can re schedule or refund.

PLEASE SEND YOUR COMPLETED FORM + CHEQUE payable to

Caroline Howard, 50 Coniston Rd, Kings Langley, Herts WD4 8BU

YOU CAN E-MAIL YOUR ORDER AND PAY ON THE FIRST DAY.

M 07799648218 E-MAIL caroline261@gmail.com

PLEASE ORDER BEFORE TERM STARTS PREF BY Friday 1 sept