

# Rudolf Steiner School - takeaway lunch order form

The Spring Term 2018 tues jan 9 to fri 23 march. 1st half 4 wks and 3 days. 2nd half 4 wks 4 days.

Total 47 days ( no lunch last friday of term, and last fri before half term )

Class:	
Name:	
Telephone no:	

Tick boxes

## Monday

Stir fried Thai Noodles and Vegetables	
Stir fried Thai Noodles and Vegetables with chicken	
OR Baked potato with tuna	
OR Baked potato + butter +cheese	
OR Baked potato + baked beans	

## Tuesday

Chicken nuggets with potato wedges and veg	
Vegeburger with potato wedges and veg	
Home made Slow Pizza	
OR Baked potato with tuna	
OR Baked potato, butter + cheese	
OR Baked potato + baked beans	

## Wednesday

Reuben,s Deli Wraps/ Halloumi OR Chicken, (+ salad)please tick one	
Pannini with tuna/cheese OR mozzarella/pesto (please tick one )	
Penne Rose (pasta with home made tomato sauce)	
OR Baked potato butter and cheese	
OR Baked potato and baked beans	

## Thursday

Sausage and Mash + peas and gravy	
Vegetarian Sausage and Mash + peas and gravy.	
OR Baked potato with tuna	
OR Baked potato butter and cheese	
OR Baked potato + baked beans	
Margareta Pizza with fruit/salad	

## Friday

Sushi with Tuna with potato wedges	
Sushi /avocado with potato wedges	
Pannini with tuna/cheese OR mozz/pesto (tick one )	
Baked potato with tuna	
Baked potato with cheese	
OR Baked potato + baked beans	

Fresh or dried fruit, and/or flapjack, comes with all main courses.

Soup and roll can be ordered any day.

Price = £3.25 a day x ..... number of days in the 47 day term	£
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Please let me know if you have any special dietary needs, eg nut/dairy/gluten free

PLEASE LET US KNOW OF SCHOOL TRIPS + DEDUCT £3.25

ACCORDINGLY. FOR ONE DAY TRIPS WE WILL OFFER A PACKED LUNCH.

Please phone or text me by 9 am if your child is off ill so I can re schedule or refund.

PLEASE SEND YOUR COMPLETED FORM + CHEQUE payable to

Caroline Howard, 50 Coniston Rd, Kings Langley, Herts WD4 8BU

YOU CAN E-MAIL YOUR ORDER AND PAY ON THE FIRST DAY.

M 07799648218 E-MAIL caroline261@gmail.com

PLEASE ORDER BEFORE TERM STARTS PREF BY Friday 5 january